

Holiday dialysis: Getting closer to patients

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Living Well With Kidney Disease by Patient and Care Partner **Empowerment: Kidney Health for Everyone Everywhere**

Symptoms

Fatique Mobility Pain Stress/anxiety Depression

Cognitive impairment Sleep problems

Cramps

Restless legs Gastrointestinal

symptoms

Life impacts

Ability to work Ability to travel Ability to study Impact on family and friends Financial impact Dialysis-free time Dietary restrictions Lifestyle changes Social activities



Strengths-based approach

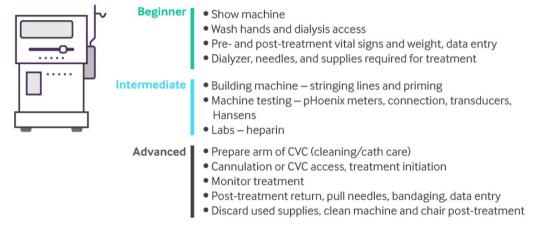
Communication and education Build resilience Strengthen social connections Increase awareness and knowledge Access to support Build confidence and control with self-management

Clinical strategies

Preserve kidney function Patient-friendly lifestyle and diet Pharmacological management Delay dialysis start if possible Incremental transition to dialysis Patient-centered dialysis prescriptions Preserve residual kidney function

Beyond technical empowerment: moving to Patient-Centered Self-Management

Levels of "Empowered Independent Dialysis"



Source: Richard Gibney, MD
NEJM Catalyst (catalyst.nejm.org) © Massachusetts Medical Society

6. Integrated PCSM model, incorporating Integrated care. Health Literacy, and IT. 5. Accurately Address Patient **Obstacles and Implement** 4. PCSM Intervention (Patient Autonomy & Targeted SM Skills. **Empowerment)** 3. Identify patient barriers with 2. Barriers in illness management Lin's (2013) instrument on resulting in unsuccessful treament assessing self-managment outcomes behaviors 1. Traditional Paradigm (Patients' Compliance /HP-centered)

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UBICARE

(POR Puglia FESR 2007-2013)

SMARTHEALTH 2.0

(PON ReC 2007-2013 "Smart Cities and Communities")

DIADOM

(Cluster Tecnologici Puglia)

OPLON

(Smart Cities and Communities Nazionale)

CCM 2011

(Progetto Regione Puglia)

DIAMONDS

(Progetto Regione Puglia) **PRISMA**

(PON ReC 2007-2013 "Smart Cities and Communities")

HELP LARGE

(Living Labs Smart Puglia 2020)

PRECIOUS

(Cluster Tecnologici Puglia)

PERSON

(Cluster Tecnologici Puglia)

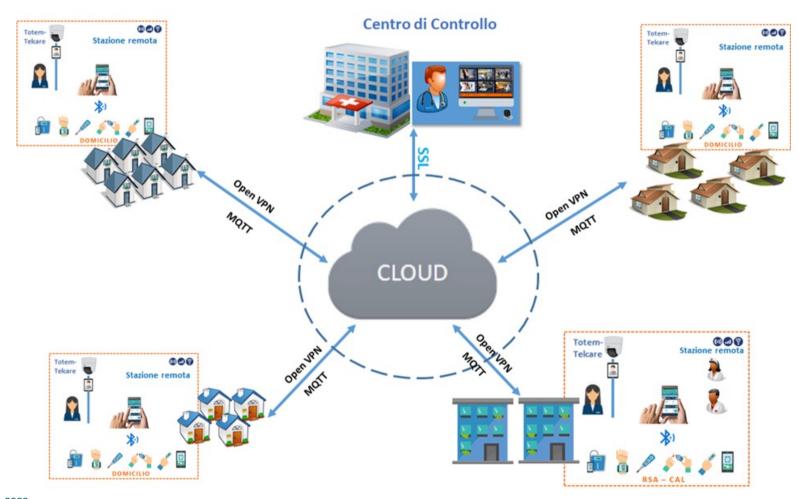
OUR ANSWER IS...



















Getting closer to patients: why our patient was so happy?





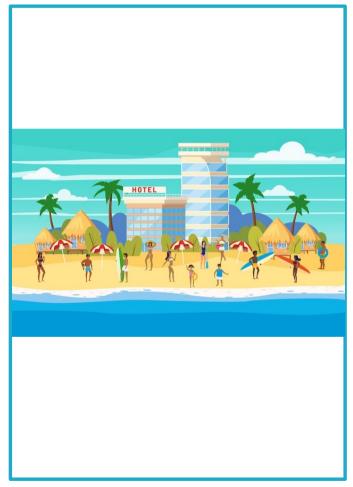
PILOT PROJECT: Holiday Dialysis

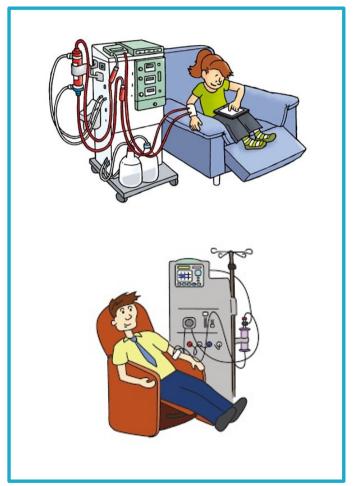






Getting closer to patients: what do we want to do next?







Getting closer to patients: what do we want to do next?









Starting from June, booking at Hotel Resort "Le Sirene" Gallipoli will be available

Reach out to Diaverum Italy for additional info



Hotel Resort "Le Sirene" Gallipoli

- Fully equipped separate room (with view on the beach)
- No transportation needed (to-and-fro dialysis centers)
- Enjoy more free time on vacation with your family
- Trained nurse on-site
- State-of-the-art telemedicine devices for remote consultations
- Agreement with emergency department of the closest hub hospital

Agreement with Hub public Institutions



"Vito Fazzi" Hospital

Piazza Filippo Muratore, 1, 73100 Lecce LE





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