



d.HOLIDAY 2023 Conference  
Málaga, Spain

# True care, for life

*How one act of selflessness  
can save a life*

**Dr. Domingos Machado**  
Diaverum Transplant Ambassador



# Agenda

- *What transplantation means to Diaverum*
- *What transplantation means to me*
- *What transplantation means to CKD travellers*

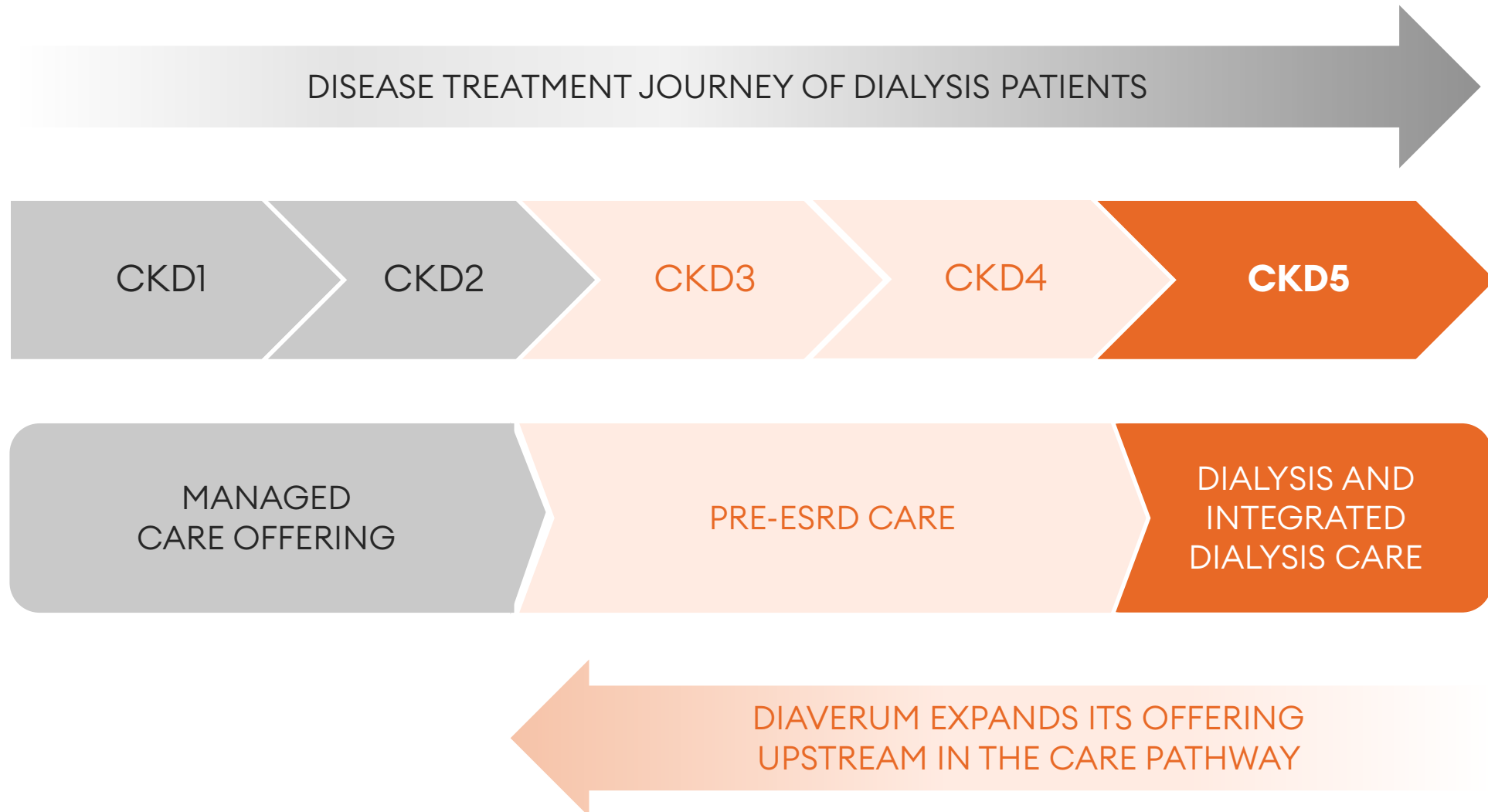


*What  
transplantation  
means to Diaverum*



# Value-based care & CKD stages

Daaverum intends to leverage its clinical and digital experience to expand its offering to include services in the earlier stages of the care pathway, such as pre-ESRD and digitally-enabled care services for CKD causes like diabetes



# We deliver life-enhancing renal care

Diaverum provides renal care tailored to patients' needs and choices, offering a portfolio of treatments ranging from preventive care, haemodialysis, peritoneal dialysis and home care, to coordination of patients' comorbidities and holiday dialysis.

93%

Haemodialysis (HD)

1%

Holiday dialysis

Home therapies

<1%

Home HD

2%

Peritoneal dialysis

4%

Other

At Diaverum,  
transplantation is no  
longer part of our  
service portfolio...  
but that doesn't mean  
we don't advocate for it.

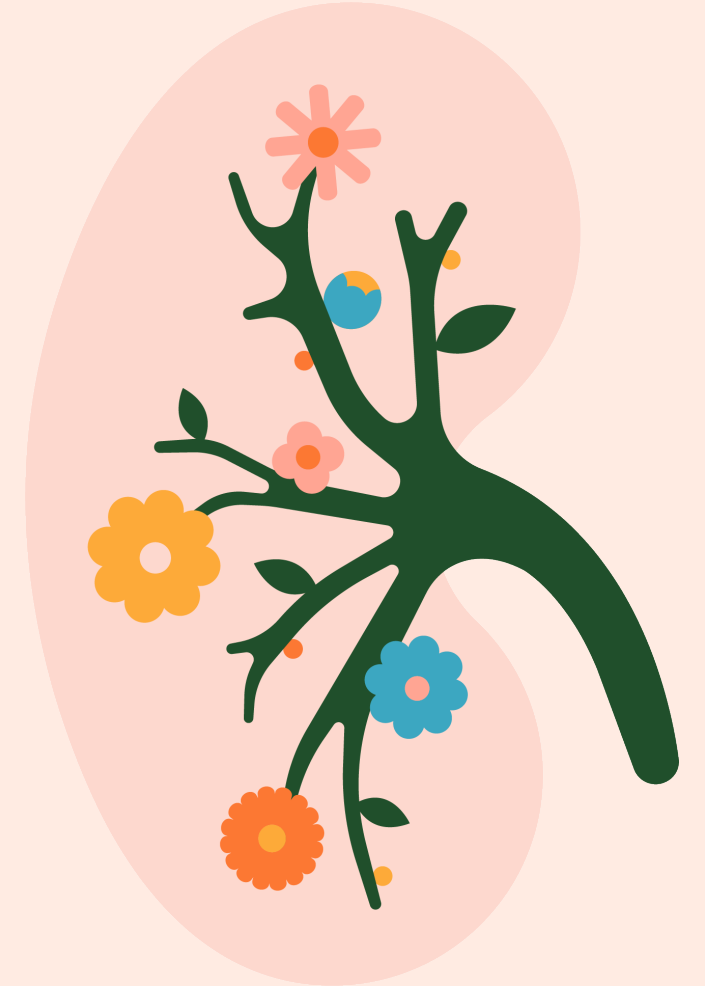


# What transplantation means to Diaverum

For many, kidney transplantation offers a greater degree of independence and the chance for a more ordinary life.

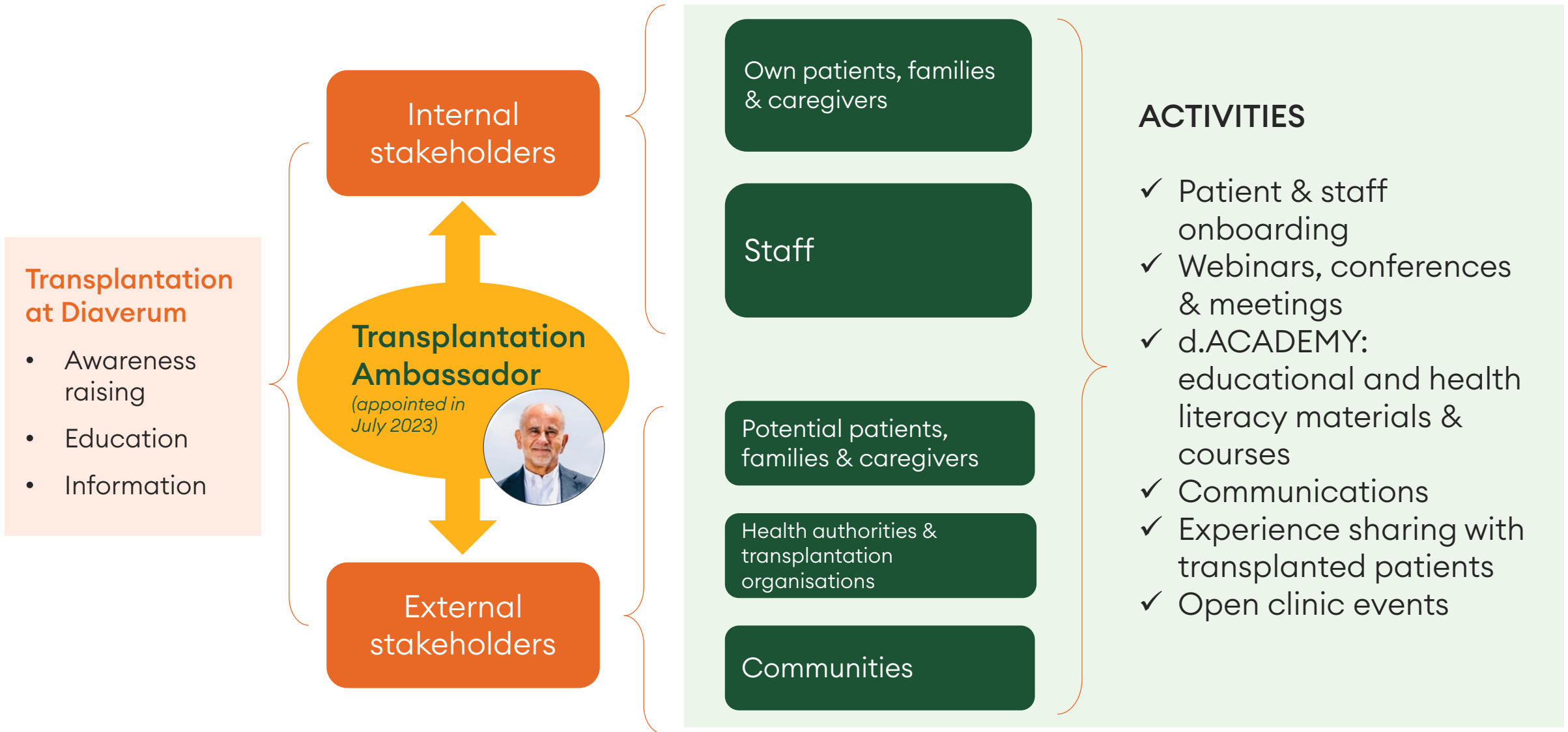
Therefore, access to transplantation is a quality indicator of patient-centric CKD 5 care.

**Our objective is to include as many of our eligible patients as possible on transplantation lists, by eliminating potential barriers and investing in health literacy.**



# Transplantation at Diaverum

Access to transplantation is a quality indicator of patient-centric CKD 5 care



# Transplantation at Diaverum

**Because it is the right thing to do.**

**Because this is about True care.**

**Because we want to enhance the lives of renal patients.**





*What  
transplantation  
means to me*



# My journey & CKD

- Born and bred in Lisbon
- Received a medical degree in 1975, and started working with Diaverum in 2007
- CKD treatment in Portugal until 1980:
  - *Scarce facilities and technical equipment*
  - *Renal patients sent abroad for dialysis or transplantation*



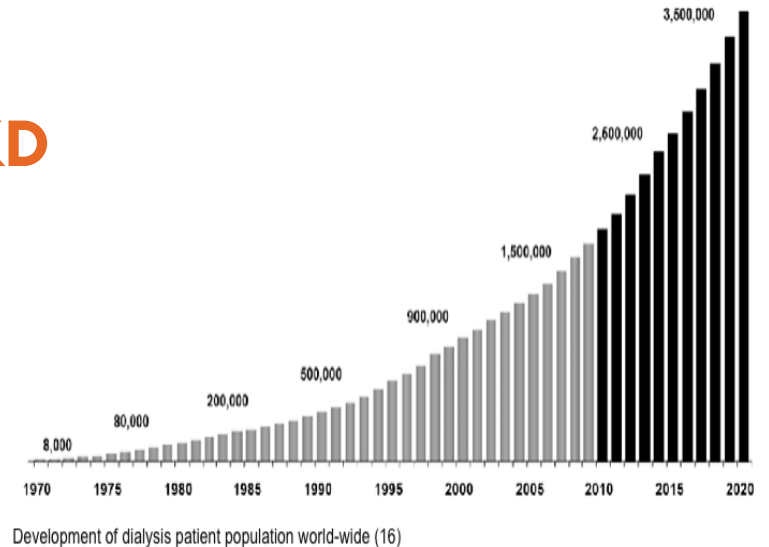
# My journey & CKD

- 1980 Santa Cruz Hospital (HSC)  
**KIDNEY & Heart diseases**
  - *First Portuguese Peritoneal Dialysis programme*
  - *First Heart Transplantation in Portugal*
  - *First Portuguese Living Donor Transplantation programme*



- Nephrology Development
  - Healthcare professionals
  - Patient's Association
- ↑ **Access to CKD treatment**

1960 Worldwide Number of Dialysis Patients: 10 (Seattle)  
1980 Worldwide Number of Dialysis Patients: 100 000  
2020 Worldwide Number of Dialysis Patients: 3 000 000



# My journey & CKD

## Portuguese Transplantation Society

- *Founding member*
- *President 2002-2006*

Advisor committees to  
legislators on transplantation  
legal framework



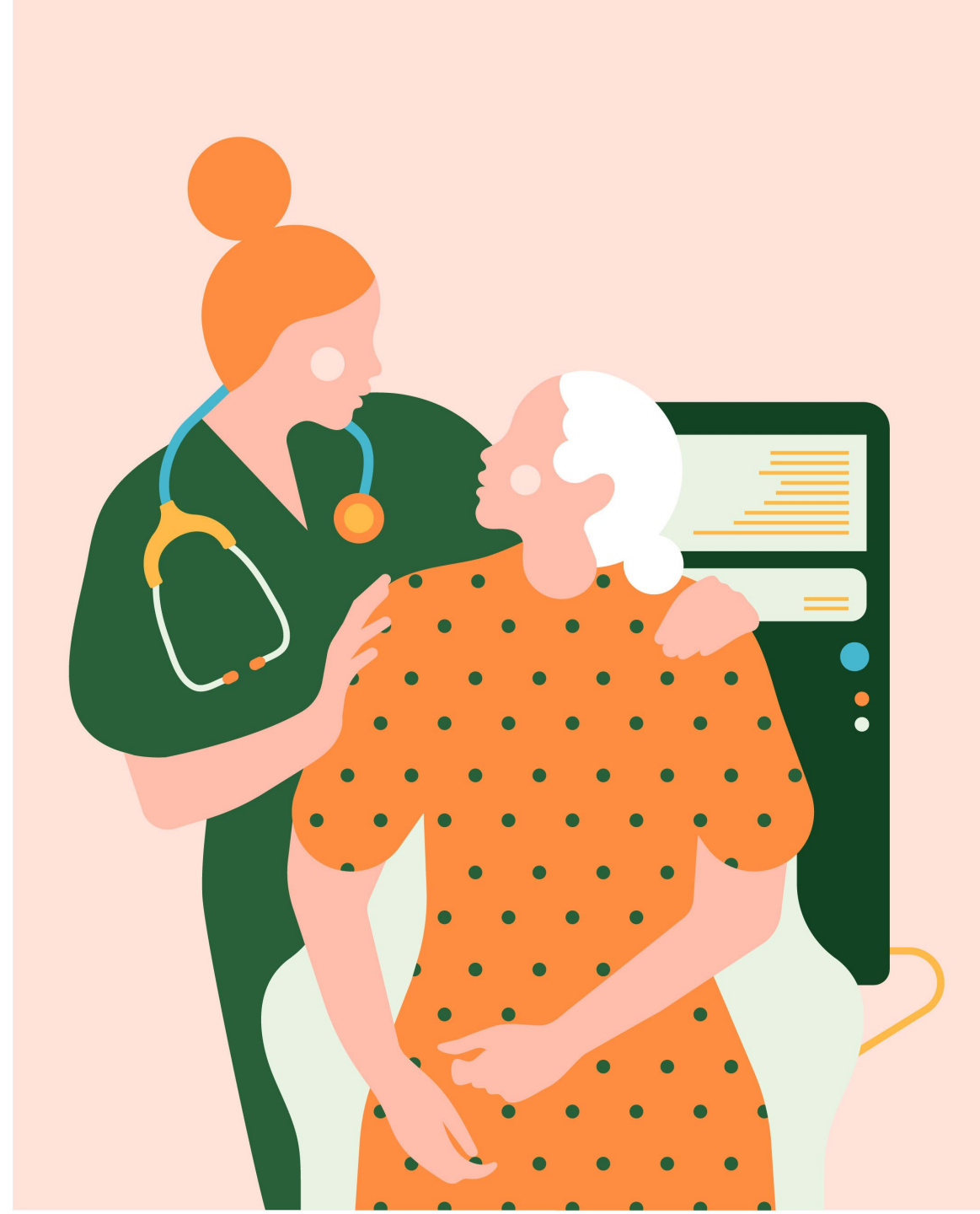
# My journey & CKD

HSC - Living Donor Kidney Transplantation

## CKD patient evaluation and listing

### Donor candidates

- Information
  - ✓ Process
  - ✓ Risks/ Benefits
- Clinical evaluation
  - ✓ Nephrologist / Surgeon
  - ✓ Nurse
  - ✓ Social worker
  - ✓ Psychologist
- Lab, X-ray, Cardio, Isotope, Angio tests
- Ethics Committee



# My journey & CKD

## Donor evaluation LESSONS

### Opportunities to:

- *Broaden the knowledge of the*  
*HUMAN CONDITION*
- *Learn from examples of*  
*SOLIDARITY and GENEROSITY*

## My journey & CKD

“ Four years ago, I decided to carry out an assessment to see if my physical condition was good enough to become a kidney donor.

When I saw all test results were normal, I stopped acting as a doctor in this process and officially put myself forward as a kidney donor.

Last year, I was operated on and one of my kidneys was implanted in someone I do not know and who does not know me. And we will never find out about each other. ”



# *What transplantation means to CKD travellers*





# What transplantation means to CKD travellers

Kidney transplantation offers CKD patients a greater degree of independence and the chance for a more ordinary life.

## Patients on transplantation lists need to take specific precautions in their lives...

- Regular evaluation at the transplant centre
- Good communication with the transplant team:
  - medical complications
  - holiday plans
- Telephone on standby, always being available!

**... but this should NOT stop you from going on holiday!**



# Going on holiday while on transplantation lists

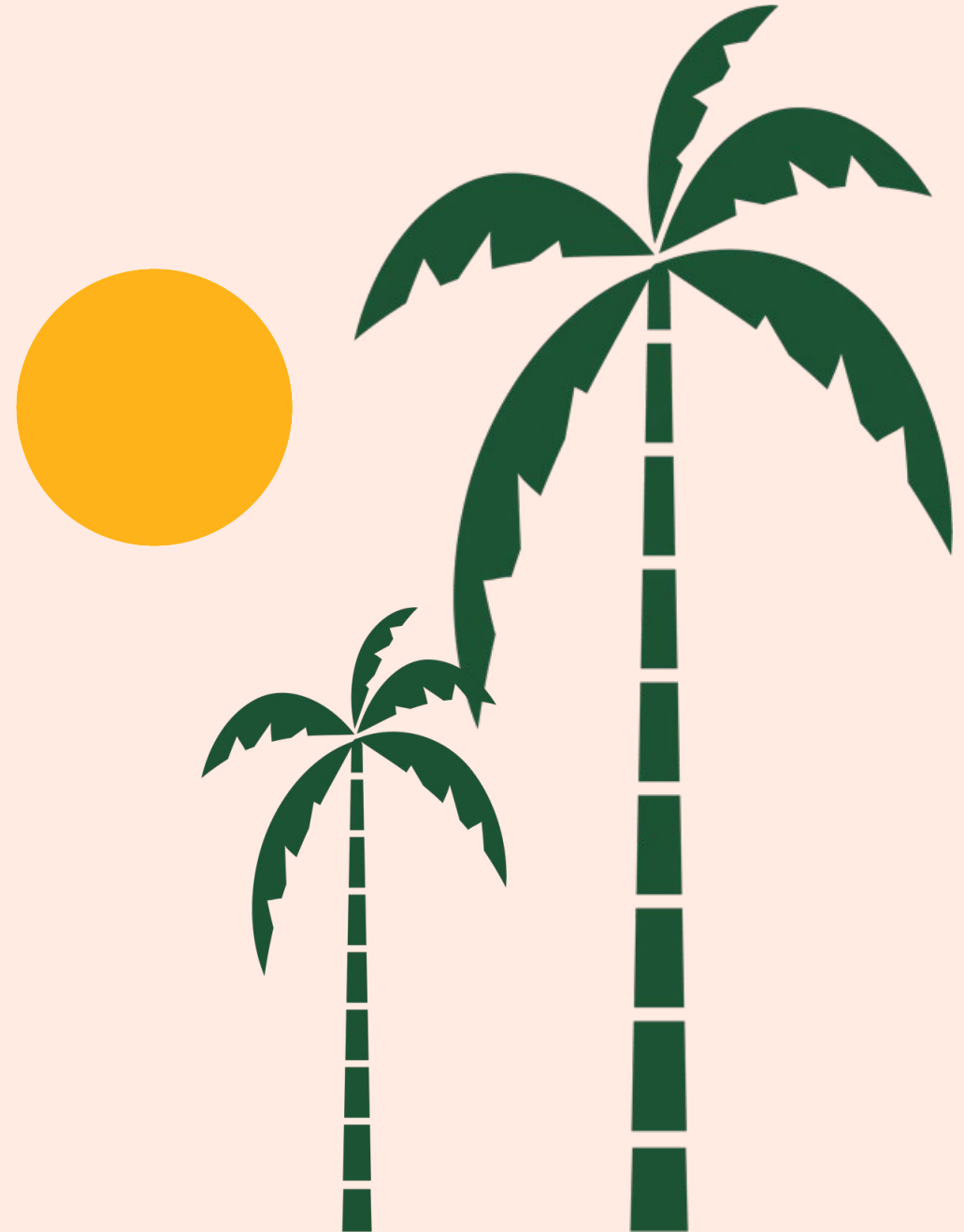
**It's all about making the right choices and planning around individual circumstances...**

- Follow vaccinations guidelines according to your:
  - ✓ nephrologist
  - ✓ transplantation centre
- Follow your prescribed diet and medications

**... be ready if you get a call, to make a prompt return!**



# How can Diaverum support CKD travellers who are on transplantation lists?



# *Questions?*

