

DIAVERUM

Diaverum is one of the world's leading providers of dialysis treatment. Today, 6,900 employees care for more than 20,000 patients in 17 countries in Europe, Latin America, Middle East and Australia, carrying out 3 million treatments annually.

Diaverum focuses on the whole patient. This means that we look at the patient's physical as well as emotional well-being in the treatment. We focus on medical outcomes and quality of life.

www.diaverum.com

*Revitalising
renal care*



The physical dimension

Diaverum offers renal care and dialysis treatment of the highest quality. Our medical business is evidence-based and secured through standardised continuous training, common policies and procedures, and ongoing quality review of our clinical work.

We are driven to constantly improve. Each treatment will help the patient feel revitalised and stronger so that he / she can live as normal a life as possible.

The emotional dimension

To be dependent on dialysis treatment is a limitation to quality of life. Therefore, our treatment aims to also respond to the patient's emotional needs. We put great efforts in taking care of the patient in this respect. Patients should feel equally confident when they come to our clinics as when they leave. In our role as healthcare professionals we provide personal care with the goal to make our patients feel mentally stronger, have knowledge of and influence over their treatment.

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*Take care of
your kidneys*

Chronic kidney disease is a serious disorder that has become increasingly common worldwide. More than five per cent of all adults suffer from some kind of kidney disease that can lead to kidney failure and thus the need for dialysis treatment or kidney transplantation. Treatment options are expensive for society and for the patient the disease is often a major limitation to quality of life.

Therefore, it is important to prevent failure when possible. Common health advice applies very much even for healthy persons who want to avoid damaging their kidneys. For those who already have some kind of renal dysfunction, this advice is particularly important.

1 Stop smoking! Do absolutely not start!

Exercise regularly **2**

3 Eat healthy food in order not to gain weight

Check your blood pressure regularly if it has shown to be above the normal value **4**



5 Check your blood sugar level regularly if it at any time has been too high

Be careful with pharmaceuticals that may cause damage to the kidneys **6**

7 Check your kidney function if you have diabetes or high blood pressure